

**STANFORD SOCCER CLUB
POLICY REGARDING CONCUSSIONS
AND OTHER HEAD INJURIES**

Background

It is reported that up to 3.8 million recreational and sport-related concussions occur annually at all ages in the United States. In December 2015, U.S. Soccer outlined recommendations for soccer organizations and protocols for the U.S. Soccer Developmental Academy with regard to head injuries. In January 2017, California State Law AB-2007 took effect, which instituted legal requirements for youth sports organizations with regard to head injury and concussion protocols for their players. Both of the leagues in which SSC teams participate have adopted policies regarding concussions and other head injuries. In order to promote the health and safety of our players, the Board of Directors (the “Board”) of the Stanford Soccer Club (“SSC”) has adopted this Policy Regarding Concussions and Other Head Injuries (this “Policy”).

Policy

1. A player who is suspected of sustaining a concussion or other head injury:
 - a) shall be immediately removed from athletic activity; and
 - b) shall not be permitted to return to athletic activity until he/she is evaluated by, and receives written clearance to return to athletic activity from, a licensed health care provider.¹
2. If a licensed health care provider determines that a player sustained a concussion or other head injury, the player shall complete a graduated return-to-play protocol of no less than seven (7) days in duration under the supervision of such licensed health care provider.
3. If a player has been removed from athletic activity due to a suspected concussion, the SSC coach witnessing the injury or otherwise supervising the athletic activity shall:
 - a) immediately notify a parent or guardian of that player;
 - b) attend (or cause another responsible adult to attend) to the player until such time as the player’s parent or guardian is present; and
 - c) complete a Parent Notification Form in the form of Exhibit A to this Policy. The Parent Notification Form shall be provided to (i) the player’s parent or guardian and (ii) the Board.

¹ For purposes of this Policy, “licensed health care provider” means an athletic trainer certified (ATC), or a physician (MD/DO), with a skill set in emergency care and sports medicine injuries and with knowledge and experience related to concussion evaluation and management.

4. On a yearly basis, SSC shall provide a concussion and head injury information sheet to each player. The information sheet shall be signed by the player and the player's parent or guardian and returned to SSC before the player participates in practice or competition.
5. On a yearly basis, SSC shall offer concussion and head injury education to each coach and administrator of SSC. Each SSC coach and administrator shall successfully complete the concussion and head injury education before supervising a player in a SSC activity.
6. SSC shall maintain all records in order to demonstrate its compliance with this Policy, including all Parent Notification Forms, written clearances from licensed health care providers and confirmation of completed training programs (collectively, "Policy Records"). Policy Records shall be maintained by SSC for the longer of (a) five years and (b) such time as the player is a member of SSC.